



"The Enchantment" by Ian Shearer
2023 BEST IN SHOW

"The world of reality
has its limits;
the world of
imagination
is boundless."

JEAN-JACQUES ROUSSEAU

61ST ANNUAL

ART OF Possibilities

ART SHOW & SALE

A Celebration of Abilities and Fine Art

Presented by



COURAGEART.ORG

WELCOME

Welcome to the 61st Art of Possibilities Art Show & Sale, presented by Smead Manufacturing Company. All of us at Allina Health and Courage Kenny Rehabilitation Institute are excited to host this annual event, celebrating the inspiring talents and abilities of our artists.

We wish to thank all participating artists who share their creativity and skill, enriching our community. From the very first art show with just forty artists in 1963, the Art of Possibilities has evolved into a thriving showcase, now annually featuring over 500 pieces of art online and more than 300 works on display at Courage Kenny — Golden Valley. We invite you to support the artists by purchasing a piece to cherish in your own home.

Organizing a show of this scale is a monumental task that could not be achieved without the effort of many dedicated individuals. We extend gratitude to our generous sponsors, talented artists and wonderful volunteers for making the Opening Reception and the art show a memorable event.

Thank you for being part of our celebration of art and possibilities!

"I look forward to showing my art. Art is my main outlet; it is my therapy. It is inspiring to see what others create, and it encourages me to keep going. I hope that my art will inspire others as well."

LEANN WILKINS



One Step at a Time
by LeAnn Wilkins

OPENING RECEPTION

THURSDAY, MAY 16, 2024 | 5:30–7:30 p.m. CST
COURAGE KENNY REHABILITATION INSTITUTE
3915 Golden Valley Road
Minneapolis, MN 55422

Join us at the Opening Reception
presented by Smead Manufacturing Company
and celebrate abilities and fine art.

COURAGE KENNY EXHIBIT

MAY 17 – JUNE 21, 2024



You Got This
by Emily Forbes



**Lil Puppy
with Churros**
by Brandon Allebach



**Let the Healing
Begin**
by Rebecca Holmes

ONLINE EXHIBIT

COURAGEART.ORG
MAY 17 - JUNE 21, 2024

Visit our online gallery where the full Art of Possibilities exhibit
is accessible and available for sale.

SPECIAL ACKNOWLEDGEMENTS

ART SHOW LEGACY PRESENTING SPONSOR SMEAD MANUFACTURING COMPANY

Art of Possibilities is grateful to Smead Manufacturing Company, for their partnership with Courage Kenny Rehabilitation Institute and support of artists with disabilities. The Avent family's generous spirit continues the vision of matriarch Ebba Hoffman. Over 60 years ago Ebba chose to recognize and share beautiful artwork while advocating for individuals of all abilities. Thank you, Smead Manufacturing, for your continued legacy of presenting the Art of Possibilities Art Show & Sale.

SPECIAL ACKNOWLEDGEMENT FOR THOMAS WILCZEWSKI

Art of Possibilities extends gratitude to Thomas Wilczewski for his generous estate gift. Thomas had been a participating artist for many years, and his exceptional artwork left a lasting impression on our community. Thomas's inspiring journey as an artist, coupled with his resilience in the face of polio, resonates deeply with the spirit of our show — to provide artists with disabilities a platform to showcase their talents and celebrate their abilities. Thomas's generosity ensures that future generations of artists with disabilities will have the opportunity to share their artistic expressions with the world. The impact of his gift will be felt for years to come, enriching our community and fostering creativity.



Winter Thaw by Thomas Wilczewski
2011 Award Winner and Institute's 2011 holiday card

For information on planned giving, please contact Jim Besst at 612-775-2581.

SPECIAL ACKNOWLEDGEMENTS

ART SHOW VOLUNTEERS: OPENING RECEPTION

Thank you to all our Opening Reception volunteers for their support in making the Art of Possibilities Art Show & Sale a wonderful and welcoming event. Your contributions, both new and returning volunteers, have made a significant difference to create an unforgettable experience for all our artists and guests. Thank you for sharing your time to make this the most special event it can be. Without your help, this evening would not be possible. Thank you!

ART SHOW VOLUNTEER INTERN: OLIVE GLADNEY

We would like to extend many thanks to Olive, our volunteer intern. She led our social media and data management with professionalism and her quick learning and readiness to help wherever needed was really appreciated. We sincerely hope Olive will join us again next year. Her positivity and energy have left a lasting impression, and we believe she has a very bright future. Thank you, Olive, for your hard work and dedication. Your efforts have not gone unnoticed and are deeply appreciated!



Imagine That
by Donna Bouma



Untitled
by Marissa Wegner



Dragonflies Dancing
by Karen Wood

"I look forward to this art show every year. I am very interested to learn how art helps the healing process. Showing my artwork with other artists gives me hope. I am challenged to illustrate my physical disability and my healing journey.

DAVID TERRAR

Walking through the Snowy Woods
by David Terrar



ABOUT ART OF POSSIBILITIES

HISTORY

In 1953, 26-year-old Margaret Anderson contracted polio. At the former Sister Kenny Rehabilitation Institute, Margaret rehabilitated her body and spirit and learned to paint by using a brush in her mouth. Ten years later, she established the International Art Show by Artists with Disabilities. Today, we continue to honor her legacy and vision of *"Creativity knows no barriers."*



City by the Sea
by Margaret Anderson

MISSION

Courage Kenny Rehabilitation Institute's Art of Possibilities was the first and continues to be one of a few juried art shows in the world exclusively featuring artists with disabilities. It is the only show where 100 percent of art sales directly support the artist. The four-week exhibit of fine art is a much-anticipated event attracting hundreds of artists and thousands of visitors each year from around the world to the online show and to the exhibit at Courage Kenny.

Art of Possibilities provides a forum for artists to sell their work, promotes artistic talent, and creates a cherished and inclusive community event for people of all abilities. By showcasing art, Courage Kenny Rehabilitation Institute illustrates that a physical or sensory impairment does not diminish creativity, talent or ability.

"I am thrilled to share that my participation in the Art of Possibilities art show was not only a gratifying experience but also a successful one, as my artwork found a new home through a sale. It was truly rewarding to witness my creative expressions resonate with others and contribute to the vibrant atmosphere of the event."

ROSSANA KELTON



Golden Lake Lanier Pond
by Rossana Kelton

ABOUT ART OF POSSIBILITIES

ART SELECTION

A selective two-step process ensures Art of Possibilities showcases the finest quality of original artwork. The first step is conducted by the Art of Possibilities Committee, and includes reviewing each submitted image and choosing the artwork for participation. The second step includes a volunteer jury panel who are selected based on their art background and expertise. This panel reviews all the art and selects the award winners.

ARTIST AWARDS

This year's Art of Possibilities Art Show & Sale consists of more than 500 pieces of original artwork in six art categories including: Watercolor, Oil and Acrylic, Graphic, Photography, Sculpture and Mixed Media. All the artwork online and in person is reviewed by a volunteer professional jury panel. The jury has presented monetary awards for each category including: First, Second, Third, Honorable Mention. In addition, there are overall Jury Encouragement Awards and one Best in Show Award.

ARTWORK SALES

Each artist sets the price for their artwork and will earn 100 percent of the sale in addition to any commissioned pieces resulting from exposure in the show. Unsold work is returned to the artist at the conclusion of the show.

"I look forward to the opportunity to participate in this art show every year. Art of Possibilities was the very first exhibit where I sold my art. Participating in your show is a much-needed confidence booster. It gave me courage.

Words cannot adequately express how important art is to me. When you become disabled, it's easy to think there won't be anything to look forward to anymore. This art show provides that something to people who need it. Not only as an annual event, but as an action that says "there are people who appreciate you." The power of that cannot be underestimated."

MELISSA MILTON



Holding On
by Melissa Milton

ART OF POSSIBILITIES SPONSORS

We wish to express our continued gratitude to our sponsors for their dedication to Courage Kenny Rehabilitation Institute and for making a difference in our community by supporting the Art of Possibilities Art Show & Sale.

LEGACY PRESENTING SPONSOR



SILVER SPONSORS



Wealth
Management



ART *of the* WEST

BRONZE SPONSORS

Kevin and Laura Brooks

"Art of Possibilities has made a significant impact on my life, both as an artist and an individual. It has been a great opportunity to share my work. Having a place to see the works of other artists, gives me a sense of community and inspiration fed by their stories, and artistic perspectives. It is a brilliant showcase for artists to shine."

KATHERINE COOPER



ARTIST AWARDS

BEST IN SHOW



Spirit Horses, by Elizabeth Sullivan

ENCOURAGEMENT AWARDS



Jury Encouragement

There is Nothing Artificial About It

by Daniel B Appleby



Jury Encouragement

Cottonwoods on the Minnesota River

by Peter Hinze



Jury Encouragement

Happiness

by Sarah Nehrbass

ARTIST AWARDS

OIL & ACRYLICS



1st Place
Spring Peony
by Linda Frankenstein



2nd Place
Violet Parade
by Sal Panasci

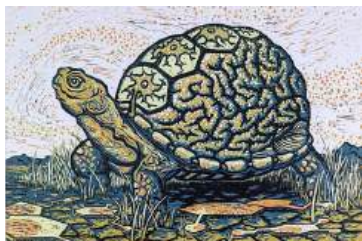


3rd Place
Grooming
by Paul Macharia



Honorable Mention
Sailing Serenity
by Rossana Kelton

GRAPHIC



1st Place
Slowed Down, Seeking Groovy
by Kristin Kuehl



2nd Place
Raven
by Sammie Tzambazis



3rd Place
Take Flight
by Mindy Johnson



Honorable Mention
Artichoke
by Rose Mavis

MIXED MEDIA



1st Place
Conviction
by Naomi Hart



2nd Place
Golden Misty Morning
by David Terrar



3rd Place
Autumn Reflections
by Delora Fiers



Honorable Mention
Metallic Tulips
by Lynne Green

ARTIST AWARDS

WATERCOLOR



1st Place
Deep Sea Diver
by Tina Kabage



2nd Place
Transformation
by Deborah Ronglien



3rd Place
Red Hollyhock
by Cecile Bellamy



Honorable Mention
Koi Ripples
by Danny Ewert

SCULPTURE



1st Place
Native Boba Fett
by Lesly Chappell



2nd Place
Whirl-A-Gig
by Delores Fortuna



3rd Place
The Crystal Curtain
by Camari Michael



Honorable Mention
Fusion
by Gerald Bouma

PHOTOGRAPHY



1st Place
Night Moves
by Richard Crumb



2nd Place
Night Cactus Fantasy
by Cheryl Beaudoin



3rd Place
Reflection of an Egret
by Kimberly Zismer



Honorable Mention
Rainbow Raindrops
by Kae Pershon

2024 ARTISTS

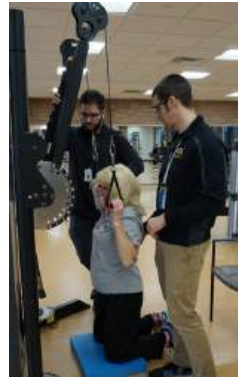
Danielle Alexander	Troy Dahnke	Annie Hickman
Brandon Allebach	Paula Davidovich	Peter Hinze
Beth Amlicke	Maria Davis	Gregory Holden
Jane Anderson	Marieke Davis	Rebecca Holmes
Rochelle Anderson	Danielle Day	LouAnn Hoppe
Vera Anderson	Samuel Dietze	Lauren Hughes
Debrah Antonson	Viktoria Dimitrova	Avery Hunter
Daniel B Appleby	Laura Dingels	Sarah Jacobs
Marcus Atlas	Daniel Edmondson	Janel Jenkins
Elisha Aurness	Chris Egstad	Mindy Johnson
Cheryl Beaudoin	Kira Elasky	Ric Johnson
Cecile Bellamy	Matt Emerson	Tina Kabage
Troy Berry	Connie English	Rossana Kelton
Carrie Bertschy	Danny Ewert	Roxana Kian
Joe Bittner	Janell Felker	Eddie Kil
Jim Bjerneby	Delora Fiers	Maryanne Kinane
Zoe Blackman	Claire Firley	Cheryl Kinderknecht
Gigi Bliss	Alex Fisher	Anna Kleven
Debrah Block Krol	Emily Forbes	Dawn Klug
Cynthia Blumberg	Terresa Ford	Chad Knutson
Donna Bouma	Delores Fortuna	Janet Kolstein
Gerald Bouma	Gary Foskuhl	Laura Kontinakis
Myra Buffington	Linda Frankenstein	Kristin Kuehl
Mary Burdick	Tammi Gallegos	Jace Laakso
Cecilia Burns-Hansen	Ashley Gantz	Deanna Lamour
George Cassallo	Chloe Geraty	Geordy Levin
Lesly Chappell	Devra Goldstein	Judy Lewis
Johanna Christianson	Will Gonzalaz	Lane Lund
Marissa Ciaramella	Lynne Green	Samuel Lynn
Glenda Clausen	Janay Green	Bill Lyth
Katherine Cooper	Naomi Hart	Mark Maasch
Richard Crumb	Susan Hass	Paul Macharia

2024 ARTISTS

Henry Maeko	Joan Price	Glenn Tenhoff
Sydney Mangaroo	Nellie Price	David Terrar
Susan Martin	Judy Quitoriano	Emily Tironi
Rose Mavis	Tami Reeves	Joe Toomer
Jeff Mendenhall	Lamine Richards	Leo Tujak
Aiden Menninga	Lorna Ritz	Patrice Tullai
Ben Merritt	Deonte Roland	Sammie Tzambazis
Camari Michael	Deborah Ronglien	Amy Unger
Michael Miessen	Emely Ruiz	Roberto Valdez
Doug Miller	Suzanne Runte	Tina Vasquez
Melissa Milton	Elham Sabri	Mary Vorhes
Nicole Miritis	Stacie Sampson	Kris Walker
Amuri Morris	Alex Schnarr	Marissa Wegner
Tobias N.	Zach Schwartz	Debra Westdorp
Sarah Nehrbass	Jennifer Scott	Kurt Theodore Weston
Kara Nelson	Josh Selvig	CJ Weydert
Jill Ness	Terry Sharp	Kamia White
Mari Newman	Ian Shearer	LeAnn Wilkins
Van Nguyen	Eric Sherarts	Michael Williamson
Nicole Noblet	Tony Silva	Kassius Wilson
Stephanie Oliver	Deborah Singer	Chris Wolf
Susanne Dagmar Olsen	Raghda Skeik	Karen Wood
Gayle Olson	Gene Smith	Nate Woodard
Jennifer O'Neill	Renee Solarz	David Wright
Josiah Ortner	Richelle Southerland	Jenett Wukawitz
Barbara Page	David Spohn	Glenn Wm Wymore
Sal Panasci	Dan Stallworth	Ja-Wen Yu
Victoria Pendragon	Gwendolyn Stangel	Kimberly Zisner
Kae Pershon	Trev Stinson	
Luis Picasso	Elizabeth Sullivan	
Mae Piña	Dionne Swanson	
Cathy Pregmon	Winnie Tapeh	

ABOUT COURAGE KENNY REHABILITATION INSTITUTE

Courage Kenny Rehabilitation Institute, part of Allina Health, provides a continuum of inpatient and outpatient rehabilitation and community services for people with short- and long-term conditions, injuries and disabilities in communities throughout Minnesota and western Wisconsin. We are guided by our vision that one day all people will live, work, learn and play in a community based on abilities, not disabilities. Courage Kenny Rehabilitation Institute has multiple locations, and numerous programs and services.



"I am thankful for the skilled, caring staff at Courage Kenny Rehabilitation Institute, where I stayed for 6 months of inpatient therapy, and visited regularly as a client of the ABLÉ program.

Art of Possibilities has been an amazing opportunity to share my art with the community and connect with other artists living with disabilities."

PAULA DAVIDOVICH ARTIST
AND COURAGE KENNY CLIENT



Wide Open
by Paula Davidovich

MAKE A DIFFERENCE

SUPPORT THE ART SHOW

Your donation will help create a broader opportunity for artists to sell their work and contribute to the sustainability of the Art of Possibilities Art Show & Sale. Show sponsorships and donations provide opportunities for people reach their full potential through art.

"I am happy for people to see my art. Art of Possibilities lets people see my art and my imagination at work. I have a disability, but that is not who I am. I am an artist. I draw every day to try out different ideas and feelings. Making art is how I show my imagination to you. Art is my language. Making art and having people see it brings me joy."

ERIC SHERARTS



Neighborhood

by Eric Sherarts

SUPPORT COURAGE KENNY REHABILITATION INSTITUTE

Many of Courage Kenny's life-changing therapy and community-based services are sustainable through philanthropic support. Donations of all sizes are essential to make possible specialized therapy equipment for the best quality patient care, advanced training for our staff of dedicated professionals, and community programs encouraging youth and adults with disabilities to lead active and healthy lifestyles.



Online

You can make a gift online at **donate.allina.com/home**. Scroll down and click the link for the Courage Kenny Rehabilitation Institute fund. Donating online is quick, easy and secure.



Mail

Send your check payable to Allina Health/CKRI to:

Allina Health Foundation
2925 Chicago Ave S.
Mail Route 10721
Minneapolis, MN 55407



Phone

Call us at 612-262-0635 and we will be happy to answer your questions and assist you in making a pledge, gift, or establish a planned gift.

HOW TO BUY ART

Artwork online and on display at Courage Kenny Rehabilitation Institute is for sale.

Prices are established by the artists, and artists earn 100 percent of the sale price. Art sales are processed online at CourageArt.org.

To purchase art on display at Courage Kenny, use a smartphone and the QR code located on the artist biography. Through the camera, the QR code will open to the artwork web page. Click "buy art" for a quick, easy and secure online transaction. Purchased art will be available at the conclusion of the show.

IT IS EASY AS 1-2-3!

Scan it, open it, and buy it!

Follow us [@theartofpossibilities](https://twitter.com/theartofpossibilities) and post your new artwork [#theartofpossibilities](https://twitter.com/theartofpossibilities)

COURAGEART.ORG

Questions: artsearch@allina.com



ART OF
Possibilities
ART SHOW & SALE